



Press Release

Secretary Sports Punjab Aamir Jan urges coaches to impart top level training at camps

Punjab teams' camp training begins for Quaid-i-Azam Inter-Provincial Games

LAHORE (Dec 16, 2017): After hectic trials activity, the camp training of Punjab contingent has commenced at several venues of the city on Saturday.

After strenuous camp training, the players who will demonstrate fine performance and fitness will be selected in the Punjab teams for 2nd edition of Quaid-i-Azam Inter-Provincial Games being staged at Islamabad from December 25-29, 2017.

Secretary Sports Punjab Muhammad Aamir Jan, in his statement on Saturday, has directed the coaches to impart top level training to selected players. "We are living in modern era and now a player can't give excellent results with ordinary training," he added.

He said Sports Board Punjab will provide best facilities including top class food during training camps. "We want to decorate our teams with best training so that they can carve out remarkable results in Quaid-i-Azam Inter-Provincial Games," he maintained.

Secretary Sports Punjab Muhammad Aamir Jan urged the Punjab athletes to win more number of medals than the previous edition of games. "For winning a greater number of medals, our players must be in excellent physical shape. The coaches must give lectures during camp training so that our players can gain top fitness level on the eve of sports extravaganza in the federal capital" he elaborated.

The camp training of Punjab teams will remain continue till December 23 under the supervision of qualified coaches. Nawaz Dogar is supervising Punjab hockey camp at National Hockey Stadium while Raees ur Rehman has launched training of taekwondo team at Nishtar Park Sports Complex Gymnasium Hall.

It may be noted here that 2055 male and female players featured in trials for 19 games and 545 top performers were selected for camp training.